

Offertory procession

- ◆ We bring a prayerbook to remind us of the extra prayers we are saying during Lent.
- ◆ We bring a bar of chocolate to offer up all the things we have given up for Lent.
- ◆ We bring a heart to remind us of the extra help we give to others during Lent.



Prayer after Holy Communion

Jesus, I believe in You.
Jesus, I hope in you.
Jesus, I love you with all my heart.
Jesus, I thank you for having come to me.
Welcome to my heart and bless me.

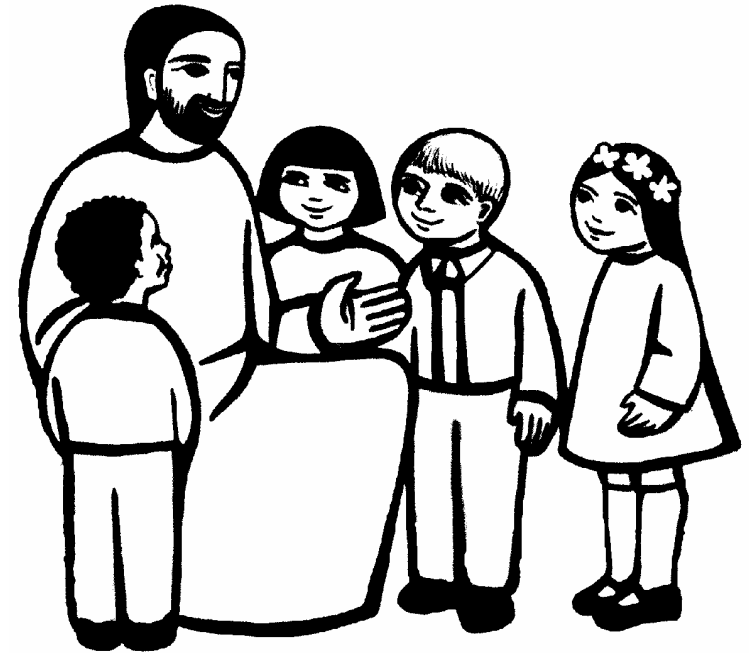
You are the same Jesus
who loved children
and let them come to you.

You are the same Jesus
who gave your life for us on the Cross
and rose from the dead.

And now that you are so close to me,
I ask you to help me
to love you more
and to serve you
as you want me to serve you.



Mass for Lent



Introduction

During Lent, we are trying to grow closer to Jesus.

In this Mass,

- ◆ we hear Jesus teach us to pray,
- ◆ we offer Jesus our Lenten penances
- ◆ and we receive Jesus in Holy Communion.



First reading

A reading from the letter of St Paul to the Ephesians

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ - it is through grace that you have been saved - and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

This is the word of the Lord
Thanks be to God

Psalm

Everyone joins in the response after the reader

My soul is thirsting for God, the God of my life
My soul is thirsting for God, the God of my life

Like the deer that yearns
for running streams,
so my soul is yearning
for you, my God.

My soul is thirsting for God, the God of my life

My soul is thirsting for God,
the God of my life;
when can I enter and see
the face of God.

My soul is thirsting for God, the God of my life

O send forth your light and your truth;
let these be my guide.
Let them bring me to your holy mountain
to the place where you dwell.



My soul is thirsting for God, the God of my life

And I will come to the altar of God,
the God of my joy.
My redeemer, I will thank you on the harp,
O God, my God

My soul is thirsting for God, the God of my life

Gospel

We all stand up to greet the Gospel. Everyone says together:

**Praise and honour to you, Lord Jesus
Now is the favourable time;
This is the day of salvation.
Praise and honour to you, Lord Jesus**

The Lord be with you
And also with you

A reading from the holy Gospel according to Matthew
Glory to you, O Lord.

Jesus said to his disciples: 'In your prayers do not babble as the pagans do, for they think that by using many words they will make themselves heard. Do not be like them; your Father knows what you need before you ask him. So you should pray like this:

'Our Father in heaven, may your name be held holy,
your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread.
And forgive us our debts,
as we have forgiven those who are in debt to us.
And do not put us to the test, but save us from the evil one.

'Yes, if you forgive others their failings, your heavenly Father will forgive you yours; but if you do not forgive others, your Father will not forgive your failings either.'

This is the gospel of the Lord
Praise to you, Lord Jesus Christ.

